

Lutheran Parish Nurses International

Study Tour, September 13 – 20, 2018

Canada



Manitoba to Saskatchewan



Welcome to Canada

LPNI study tours offer Parish Nurses and others from around the world the opportunity to learn, network and support one another, share experiences and models of practice, meet with pastors, deaconesses, Parish Nurses and others and enjoy fellowship with like-minded people. In recent years, such tours have taken participants to Palestine, Australia, Finland, the United States, Germany, New Zealand and Brazil. The 2017 tour is to England in August and the Canadian tour will be September 13-20, 2018.



Asessippi Park in the province of Manitoba

Our Canadian tour will take you on travels through a portion of the Canadian Prairies. Often thought of as flat, it is anything but that. There are beautiful lakes and forests with the many amenities to enjoy nature at its best.

The Canadian Prairie was one of the last areas of Canada to be settled as it was and at times still is just a piece of land to pass through if you travel to the Canadian Rockies, the West Coast of British Columbia or east to Ontario, Quebec or the Maritimes. The area we will be travelling through was first settled in the late 19th and early 20th centuries by people who came from Europe to homestead and own their own farmland. While there was a British presence, many of the people were of German, Scandinavian and Icelandic decent, as well as people from the Ukraine and the Slavic countries. Hence, there is a prominent Lutheran presence on the prairies. After their homes, the two most important buildings to go up next were the church and the school. Today, as you travel through the country, you can still see the evidence of the settlers' faith, as the spires of these churches built so long ago, can still be seen in the distance as you travel along the prairie roads.

Tour Agenda

Thursday, Sept. 13 – our tour starts in Winnipeg, the capital city of the province of Manitoba. We will be staying two nights at the Clarion Hotel, located at 1445 Portage Ave. If you are flying into the Winnipeg International Airport, there is free shuttle service provided by the hotel to and from the airport. There is a large shuttle kiosk at the arrival terminal for the hotels that offer shuttle service. Simply pick up the phone and ask for the shuttle. If you arrive early, you can check out the shopping at the Polo Park Shopping Mall which is located almost adjacent to the Hotel. The evening will consist of a welcome dinner and an introduction to the tour.

Friday, Sept. 14 – we will start the day having breakfast as a group. As the head office for Lutheran Church Canada (LCC) is in Winnipeg, we will have a guest from there extend greetings from LCC and talk about the history of Lutheranism in Canada.



Following breakfast, we will board a bus and go on a guided tour of the Canadian Museum for Human Rights. Following that, we will walk to an outdoor area close to the museum called The Forks. You will find several choices of places to eat lunch, as well as many quaint little businesses to browse and shop in. As The Forks is a place where the Red River and the Assiniboine River meet, you have the opportunity to hire a small boat and the owner will take you on a

river tour of the area. As the afternoon ends, the bus will return us to our hotel, where we will have our evening meal.

Saturday, Sept. 15 - after breakfast we board our bus and travel northwest to Russell, MB to stay at the Russell Inn. We arrive in time for you to have some lunch, then once again board the bus to tour some attractions in the area. First will be a tour at the Inglis Grain Elevator Historic Sight. We will be given a tour of these once prairie giants that played an important role in a farmer's life. We will be shown how the process of unloading and storing the farmer's grain that is waiting to be sent by rail to the purchaser, whether in Canada or overseas.

Our next stop will be at Skinner's Arboretum. It is the place where a prominent horticulturist, Frank Skinner, starting in the 1920s, experimented with planting many types of trees and flowers from all over the world to see if they would survive the cold prairie climate. Following this is a tour of the Romanian Orthodox Church and Museum. To finish the day, the Russell Inn will provide a picnic lunch, which, if the weather is exceptionally nice, will be outdoors on the Asessippi Park hills. If we have poor weather, we will be taken to the Asessippi Ski Chalet for our meal. After supper, we will return to the Inn for rest and relaxation or if you wish, water sliding and swimming or just soaking in the Hot Tub.

Sunday, Sept. 16 – breakfast does not need to be rushed as we will have a later start this morning. We will be going to Langenburg, crossing the border into the province of Saskatchewan. We will be joining the members of Christ Lutheran Church for the morning worship service followed by lunch at the church. A presentation on Parish Nursing in Canada will be given at this time as well as anyone who has identified ahead of time that they have a presentation to share with us.* (See note on last page.) We then board the bus to travel to our next destination, which is Manitou Beach, the "Dead Sea of Canada". We will spend two nights at the Manitou Springs Resort and Mineral Spa.

Monday, Sept. 17 – after breakfast we go on a guided tour of Camp Easter Seal. The camp has been developed for those who have physical and mental challenges, to give them a camping experience with lots of summer fun. Following that you are free to experience the mineral waters of the resort. As the lake will be too cold at this time of year, swim in the mineral water at the indoor pool of our hotel.

Tuesday, Sept. 18 – after breakfast we board the bus, and go to the Last Mountain Lake Bird Sanctuary where we may see some of the 280 species of waterfowl and other birds on their way to their winter home in the United States or farther on. From there we will travel to Regina, the capital city of Saskatchewan. After stopping for lunch, we will tour the Legislative building and grounds, then head to the city centre and the Ramada Inn, our lodgings for 2 nights.

Wednesday, Sept. 19 – after breakfast our bus will take us to the Royal Mounted Police (RCMP) Heritage Center and Museum. We will be taken on a guided tour then at noon watch the



Sergeant Major's Parade. When we return to the hotel, you will be free to relax, take some additional tours on your own or enjoy some shopping at the mall that is within a short walk from the hotel. There is a food court there, or enjoy lunch at one of the small restaurants along the way. The evening closes with our farewell dinner.

Thursday, Sept. 20 – at breakfast it is time to say our goodbyes then depart or stay and do more touring. Departure by air will be via the Regina International Airport.

For more information, contact Judy Hertlein at j.hertlein@sasktel.net.

If you wish to stay in Regina after the tour there are several places of interest. To name a few, there is Stone Hall Castle Tours, a European Castle tour experience right in Regina. (Call ahead and book a tour.) If you would like to take a walk, but not too far, there is the Royal Saskatchewan Museum, the home of the robotic dinosaur "Megamunch" or just take a stroll on the north side of Wascana Park, viewing the Legislative buildings from the far side of the lake.

Do you want to venture further and leave the city? A tour of the Tunnels of Moose Jaw can thrill or scare you, as actors will involve you in the life of those who lived in the tunnels back in the early 20th century. Even Al Capone was said to have had his men secretly working in these very tunnels. Moose Jaw is an hour drive west of Regina on Canada's #1 Highway.

Study Tour: Canada

September 13-20, 2018

Registration Information

Inclusions

Accommodations for seven nights are based on double occupancy. (extra cost for a single room.)

All breakfasts, dinners and Sunday lunch.

Transportation for the tour and museum tour admission fees.

Note: the tour cost does **not** include transportation to and from Canada or between airport and hotels, hotel phone calls, or other items not mentioned in the inclusions.

The tour will have a maximum number of fifty (50) participants.

Cost

Early bird - shared (Register and pay by October 31, 2017)	\$1400.00 Canadian
Regular –shared (Register and pay between November 1, 2017 and April 1, 2018)	\$1450.00 Canadian
Early bird - single room (Register and pay by Oct. 31/17)	\$1600.00 Canadian
Regular - single room (Register and pay between Nov. 1/17 and April1/18)	\$1650.00 Canadian
Surcharge for registration and payment after April 1, 2018	\$100.00 Canadian

Registration after April 1, 2018 must be accompanied by full payment. Anyone who wishes to register after April 1, 2018, will be accepted if there are any seats still available.

If you wish to withdraw your registration, you have up to 90 days before the tour to do so with no penalty. If you withdraw from the tour less than 90 days before the tour starts, there will be a 25% fee deducted from the total before reimbursement and a higher percentage as time gets closer to the start of the tour.

Please complete the registration form below and return it with your payment if paying by bank cheque to: **Judy Hertlein, and address it to- Box 205, Langenburg, Sk., Canada, S0A2A0**

If you wish to pay by electronic transfer, please send an email to me at j.hertlein@sasktel.net and I will give you the details of how to transfer into the tour account. Please note that the account is in my name to prevent monthly banking fees being applied to the account.

Registration Form

Name: _____

Address: _____

Phone: _____ Email: _____

Status: Parish Nurse ___ Pastor ___ Pastoral Carer ___ Other _____

I am willing to share a room no ___ yes ___ with _____

Age range (to calculate museum tour fees) under 60 60-64 65 and over veteran of the armed forces or police force of Canada, United States, Great Britain or their allies.

Special requirements _____

Tour cost to be paid in Canadian dollars.

Please tick the appropriate boxes

I am enclosing a Bank cheque in Canadian dollars to **Judy Hertlein** for the amount of _____

I am paying \$ _____ in Canadian dollars by electronic transfer

My Payment is for:

- Deposit of Canadian \$500 per person (Balance payable by April 1, 2018)
- Earlybird, full fee paid by Oct. 31, 2017 for shared room (\$1400.00 Can. per person)
- Regular fee paid in full by April 1, 2018 for shared room (\$1450.00 Can. per person)
- Earlybird fee paid in full by Oct. 31, 2017 for single room (\$1600.00 Can. per person)
- Regular fee, single room occupancy, paid by April 1, 2018 (1650.00 Can. per person)
- Surcharge for registration after April 1, 2018 (100.00 Can. per person)

Signature _____

*If you have a presentation to share with the group on Sunday, Sept. 16, 2018, please notify Marcy Schnorr or me, Judy Hertlein, (j.hertlein@sasktel.net) of your intentions. Thanks.

On an end note, when one travels across the world, you like to see a bit more of the country you are visiting. The following are just some suggestions. If you are entering Canada via the Vancouver International Airport and you have time and want to see some breathtaking, rugged mountain scenery and possibly some wildlife, there is train tour called the Rocky Mountaineer. This train travels during the day so you get to see all the mountain scenery it passes through. The meals are fabulous and there are stops at some of the famous national parks in Western Canada. The train starts in Vancouver and ends at Calgary. From there you could take a flight out of the Calgary International Airport or travel by train on Via Rail to Winnipeg. To access information on the Rocky Mountaineer tour, go to their web site at <https://www.rockymountaineer.com>.

If you are entering Canada from the east, via the Toronto International Airport, you are within driving distance of beautiful Niagara Falls. Nearby is a town called Niagara on the Lake. It is located in the area where the Niagara River enters Lake Ontario. It has quaint shops, boutiques, museums, heritage homes and has been named the #1 food and wine destination in Canada. There are vineyards in the area, some of which give tours of their wineries to visitors. This area produces some of the best ice wine in the world. If you would like to stay the night, it has many Bed and Breakfast establishments to stay at.

A note about the spa at the Manitou Springs resort. If you would like to have a facial, massage, or manicure at the spa during our stay, it is advisable to book ahead. To do this call toll free at 1-800-667-7672 ext. 214 or email for an appointment at www.manitousprings.ca

* For the tour at this time of year it is still advisable to bring sun screen and mosquito repellent.

Hope to see you.

Blessings-

Judy Hertlein



