

LPNI tour to Finland 2012

4th-10th Sept. 2012

Estimated price 800 € including seminar, visits, bus transportations, accommodation and most of the meals.



Health promotion seminar: A healthy mind in a healthy body 4.-5.9.2012
Excursion to north Finland and Norway 5.-10.9.2012

3rd Sept.2012 Monday

Arrival to Oulu

4th Sept. Tuesday

10 am-4 pm Seminar: A healthy mind in a healthy body

- In Oulu Diaconia University of Applied Sciences

5th Sept. Wednesday

9 am-12 Seminar: A healthy mind in a healthy body

- 12.30 pm-15pm Visiting The Evangelical-Lutheran parishes of Oulu

16pm Bus transportation to Rovaniemi, where we'll spend Thursday

6.9 Thursday

- Visiting in In the Provincial Museum of Lapland, Arktikum.
<http://www.arktikum.fi/en/>
- Visiting to Rovaniemi parish and meeting diaconal workers
<http://www.evl.fi/srk/rovaniemi/englanti/index.shtml>
- Pause on Polar circle, Santa clause village
<http://www.santaclausvillage.info/>

16 pm Bus transport to Enontekiö. Staying overnight in fellhotel Vuontispirtti <http://www.vuontispirtti.fi/en>

7.9 Friday

Day for rest. Possibilities to hike, ride, sauna bath and visit to reindeer farm.

8.9 Saturday

Visit to Enontekiö parish and presentation about social- and healthcare among Sami people

Visit to Heta church

15pm Bus transport to the Kilpisjärvi Hikingcenter <http://www.kilpisjarvi.info/EN/main.html>

9.9 Sunday

Early leaving to city Tromso in Norway, beautiful city on the seashore of Arctic Oceans. Visit to Arctic Cathedral

<http://www.destinasjontromso.no/english/attractions.html>

Bus transportation back to Kilpisjärvi

10.9 Monday

Return to Oulu along the Tornio river valley. Route will go partly on the Swedish side of the border.

